PREVENTIVE CARE RECOMMENDATIONS
PEDIATRIC AGES 0-10

LIPOPROTEIN ANALYSIS

Figure 4.2. Assessment and Follow-up of Lipoprotein Analysis

- Acceptable LDL-cholesterol <110 mg/dL
  - Repeat lipoprotein analysis within 5 years
  - Provide education on recommended eating pattern and risk factor reduction

- Borderline LDL-cholesterol 110-129 mg/dL
  - Repeat lipoprotein analysis and average with previous measurement
  - Risk factor advice.
  - Provide Step I diet (see Table 56-3) and other risk factor intervention
  - Reevaluate status in 1 year

- High LDL-cholesterol ≥130 mg/dL
  - Do clinical evaluation (history, physical exam, lab tests)
    - Evaluate for secondary causes
    - Evaluate for familial disorders
  - Intensive clinical intervention
  - Screen all family members.
  - Set goal LDL-cholesterol
    - Minimal: <130 mg/dL
    - Ideal: <110 mg/dL
  - Step I then Step II diet (see Table 56-3)