Figure 4.1. Assessment and Follow-up of Total Cholesterol Measurements

Acceptable blood cholesterol <170 mg/dL

Repeat cholesterol measurement within 5 years
Provide education on recommended eating pattern and risk factor reduction

Borderline blood cholesterol 170-199 mg/dL
Repeat cholesterol and average with previous measurement

<170 mg/dL
≥170 mg/dL

High blood cholesterol ≥200 mg/dL

Do lipoprotein analysis