Give the gift of knowledge to your family.

Complete an advance directive form.

None of us knows what the future holds. But by completing an advance directive, you and your loved ones can face the future with more clarity and confidence.

An advance directive form lets you name a healthcare agent — the person you want to make medical decisions for you in case you can’t make them for yourself. An advance directive also lets you describe the care you want (or don’t want) in certain cases.

Intermountain Healthcare encourages all adult patients to complete an advance directive, regardless of their current health or stage of life.

Ask your doctor or medical team about advance directives. They can answer your questions and help you complete an advance directive form, if you like. They can also store your directive as part of your Intermountain electronic medical record.