

PREVENTIVE CARE RECOMMENDATIONS

PEDIATRIC AGES 0-10

BMI FOR SELECTED WEIGHT AND STATURE BY AGE

Body Mass Index for Selected Weight and Stature

		Stature in Meters (m) and Inches (in.)																			
M	In.	0.76	0.79	0.81	0.84	0.86	0.89	0.91	0.94	0.97	0.99	1.02	1.02	1.17	1.09	1.12	1.14	1.17	1.19	1.22	
		30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	
Weight																					
Kg	Lb.																				
9	20	16	15	14	13	12	11	11	10	10	9	9	8	8	8	7	7	7	6	6	
9.5	21	16	15	14	14	13	12	11	11	10	10	9	9	8	8	8	7	7	7	6	
10	22	17	16	15	14	13	13	12	11	11	10	10	9	9	8	8	8	7	7	7	
10.5	23	18	17	16	15	14	13	12	12	11	11	10	10	9	9	8	8	8	7	7	
10.9	24	19	18	16	15	15	14	13	12	11	11	10	10	9	9	8	8	8	7	7	
11.4	25	20	18	17	16	15	14	14	13	12	11	10	10	9	9	8	8	8	7	7	
11.8	26	20	19	18	17	16	15	14	13	13	12	11	11	10	10	9	9	9	8	8	
12.3	27	21	20	19	17	16	15	15	14	13	12	12	11	11	10	10	9	9	9	8	
12.7	28	22	20	19	18	17	16	15	14	14	13	12	12	11	11	10	10	9	9	9	
13.2	29	23	21	20	19	18	17	16	15	14	13	13	12	12	11	11	10	10	9	9	
13.6	30	23	22	21	19	18	17	16	15	15	14	13	13	12	11	11	10	10	10	9	
14.1	31	24	23	21	20	19	18	17	16	15	14	14	13	12	12	11	11	10	10	9	
14.5	32	25	23	22	21	19	18	17	16	16	15	14	13	13	12	12	11	11	10	10	
15	33	26	24	23	21	20	19	18	17	16	15	14	14	13	13	12	11	11	11	10	
15.5	34	27	25	23	22	21	20	18	17	17	16	15	14	14	13	12	12	11	11	10	
15.9	35	27	26	24	23	21	20	19	18	17	16	15	15	14	13	13	12	12	11	11	
16.4	36	28	26	25	23	22	21	20	18	18	17	16	15	14	14	13	12	12	11	11	
16.8	37	29	27	25	24	23	21	20	19	18	17	16	15	15	14	13	13	12	12	11	
17.3	38	30	28	26	25	23	22	21	20	19	18	17	16	15	14	14	13	13	12	12	
17.7	39	30	29	27	25	24	22	21	20	19	18	17	16	16	15	14	14	13	12	12	
18.2	40	31	29	27	26	24	23	22	21	19	18	18	17	16	15	15	14	13	13	12	
18.6	41	32	30	28	26	25	24	22	21	20	19	18	17	16	16	15	14	14	13	13	
19.1	42	33	31	29	27	26	24	23	22	20	19	18	18	17	16	15	15	14	13	13	
19.5	43	34	31	30	28	26	25	23	22	21	20	19	18	17	16	16	15	14	14	13	
20	44	34	32	30	28	27	25	24	23	21	20	19	18	18	17	16	15	15	14	13	

Body Mass Index Percentile by Age and Gender

Girls										
Age	3%	5%	10%	25%	50%	75%	85%	90%	95%	97%
2	14	14	15	15	16	17	18	18	19	20
3	14	14	14	14	16	17	17	18	18	19
4	14	14	14	14	15	16	17	17	18	19
5	13	14	14	14	15	16	17	17	18	19
6	13	13	14	14	15	16	17	18	19	20
7	13	13	14	14	15	17	18	18	20	21
8	13	14	14	14	16	17	18	19	21	22
9	13	14	14	14	16	18	19	20	22	24
10	14	14	15	15	17	19	20	21	23	25
11	14	14	15	15	17	19	21	22	24	26
12	14	15	15	15	18	20	22	23	25	27
13	15	15	16	16	19	21	23	24	26	28
14	15	16	16	16	19	22	23	25	27	29
15	16	16	17	17	20	22	24	25	28	30
16	16	17	17	17	20	23	25	26	29	31
17	17	17	18	18	21	23	25	27	30	32
18	17	18	18	18	22	24	26	27	30	33
19	17	18	18	18	22	24	26	28	31	34
20	17	18	18	18	22	24	26	28	32	35

Boys										
Age	3%	5%	10%	25%	50%	75%	85%	90%	95%	97%
2	15	15	15	16	17	18	18	19	19	20
3	14	14	15	15	16	17	17	18	18	19
4	14	14	14	15	16	17	17	18	18	18
5	14	14	14	15	15	16	17	17	18	18
6	14	14	14	15	15	16	17	17	18	19
7	14	14	14	15	15	17	17	18	19	20
8	14	14	14	15	16	17	18	19	20	21
9	14	14	14	15	16	18	19	19	21	22
10	14	14	15	15	17	18	19	20	22	24
11	14	15	15	16	17	19	20	21	23	25
12	15	15	15	16	18	20	21	22	24	26
13	15	15	16	17	18	20	22	23	25	27
14	16	16	17	18	19	21	23	24	26	28
15	16	17	17	18	20	22	23	25	27	29
16	17	17	18	19	21	23	24	25	28	29
17	17	18	18	20	21	23	25	26	28	30
18	18	18	19	20	22	24	26	27	29	31
19	18	19	19	21	22	25	26	28	30	31
20	19	19	20	21	23	25	26	28	31	32