

PREVENTIVE CARE RECOMMENDATIONS ADOLESCENT AGES 11-18

CUT POINTS FOR ANEMIA

Hemoglobin and Hematocrit Cut Points for Anemia in Children 1 Year of Age of Older			
Gender	Age, years	Hemoglobin, g/dL	Hematocrit, %
Both Genders	1-1.9	11.0	33.0
	2-4.9	11.2	34.0
	5-7.9	11.4	34.5
	8-11.9	11.6	35.0
Female	12-14.9	11.8	35.5
	15-17.9	12.0	36.0
	≥18	12.0	36.0
Male	12-14.9	12.3	37.0
	15-17.9	12.6	38.0
	≥18	13.6	41.0

From: Center for Disease Control. CDC Criteria for anemia in children and childbearing-aged women. MMWR. 1989;38:400-404

[Taken from 1998 CDC Report](#)