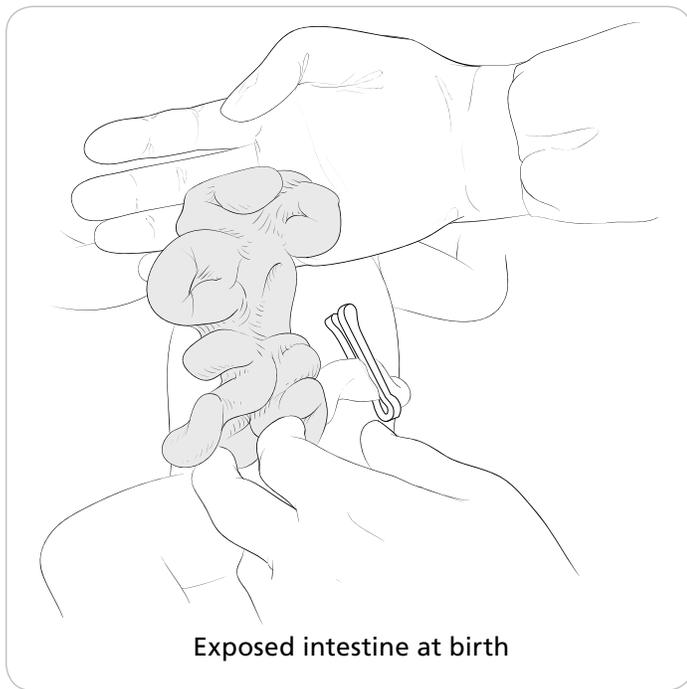


Let's Talk About...

Gastroschisis

Gastroschisis [GAS-trow-SKI-sis] is a condition that happens while a baby develops before birth. The skin and muscle do not form completely over a part of the belly. This results in an opening in the belly, usually on the right side of the umbilical cord. The intestines push through the hole and are outside the body when the baby is born. Because the intestines are outside in the amniotic fluid for a long time, they become thicker and do not work well at first.



How is gastroschisis treated?

The surgeon will put the intestines back into your baby's belly and cover the opening. Until surgery, your baby's intestines will be placed in a **silo** (soft, plastic tube). Your baby will be kept warm to help keep in body fluids and heat. They will receive fluids and antibiotics through an IV (small tube that goes into a vein).

Your baby will not be allowed any regular food at this time. Instead, they will be fed through an IV with fluids called **total parenteral nutrition (TPN)**. TPN has protein, fat, sugar, vitamins, and minerals and will meet all your baby's nutritional needs.

Your baby will have a tube placed either through the nose (nasal gastric or **NG**) or the mouth (oral gastric or **OG**). It will extend all the way to the stomach. This tube will prevent your baby from choking or breathing stomach contents into the lungs.

During surgery, your baby's organs will be put back inside the belly. Depending on your baby's needs, the surgeon will either repair the gastroschisis with a **primary closure** (all at one time) or a **staged closure** (a little at a time over many days).

Primary Closure

The surgeon puts the intestines and any other organs into the belly and closes the skin with stitches.



Staged Closure

Sometimes the intestines cannot be placed into the belly at the first surgery. This is because the intestines don't fit in the belly right away. In this case, the bowel is placed into a silo (sterile bag) for a short time. The silo is attached to the belly with the intestines inside the bag. It is then held above the baby.



Over the next few days or weeks, the surgeon pushes a small part of the bowel into the belly until all the organs are inside. Then the surgeon closes the skin with stitches.

How will my baby receive nutrition?

Your baby will not be able to eat for a while. During this time, your baby will have a special IV called a **central line**. The central line can remain in place for longer than a regular IV. It delivers TPN fluids to give your baby enough nutrition. Your baby may need TPN fluids for several weeks to months, depending on how quickly the intestines start to work.

Once the intestines are totally inside the body, your baby must pass stool (poop). The intestines must also work properly. Your baby may then begin receiving small feedings. TPN fluids are slowly reduced until your baby is getting all nutrition through feedings. This process can be very slow, and babies often have setbacks. At these times, the feedings will have to be stopped for a period of time and slowly restarted.

When can my baby go home?

Your baby can go home after gaining weight and taking all feedings by mouth.

Notes

Intermountain Healthcare complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Se proveen servicios de interpretación gratis. Hable con un empleado para solicitarlo. 我們將根據您的需求提供免費的口譯服務。請找尋工作人員協助。