

Giving Medication: IV push

Your doctor has ordered a medication that will go into your intravenous (IV) line. This is called an **IV Push** because the medication is “pushed” into your bloodstream with a syringe. Your IV line will also need to be flushed. **Flushing** means filling the IV tubing with a solution to keep it from getting blocked (clotting). Your nurse will show you how to flush the line and put in the medication. This fact sheet will help you remember the steps.

Getting ready

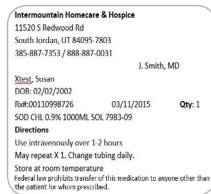
1 Clean your hands with cleansing solution:

- **Rub** your hands vigorously until they are dry.
- **Clean** your hands each time you work with your IV.



2 Check the medication label:

- **Verify** each label has your name and dose, and is not expired.
- **Call** your nurse or pharmacist and do not use the medication if the label is incorrect or the medication is expired.



3 Lay out your supplies:

- Medication syringe
- 2 Saline syringes
- Heparin syringe, if needed
- Sterile wipes
- Alcohol disinfectant cap



Preparing the syringes

1 Remove the syringe cap.



2 Gently tap the syringe to move air to the tip.



3 Push the plunger to remove air and extra solution. If difficult to push, pull plunger back slightly to break the seal.



4 Replace the syringe cap until you are ready to use it.



My medications

Medication: _____

Schedule: _____

Prefilled syringe Fill Syringe with medication

S.A.S. FLUSH

Saline: _____ mL

Administer medication

Saline: _____ mL

S.A.S.H. FLUSH

Saline: _____ mL

Administer medication

Saline: _____ mL

Heparin: _____ mL

How to flush your IV line

Flush with saline by following the instructions below:

1 Remove the alcohol disinfectant cap and throw it away.



2 Attach the syringe firmly to the IV needleless connector using a push and twist motion.*



3 Open the clamp.



4 Inject the solution by pushing the plunger.



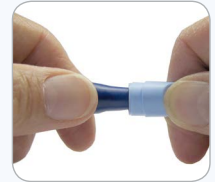
5 Close the clamp.



6 Remove and discard the syringe.



7 Attach a new alcohol disinfectant cap after the final flush.



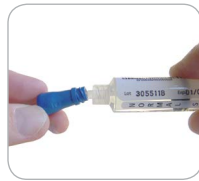
* If the needleless connector touches anything, CLEAN IT with a sterile wipe for 15 seconds. Before connecting anything to the needleless connector, look for particles. If seen, WIPE THEM AWAY with an alcohol wipe.

How to administer your medication

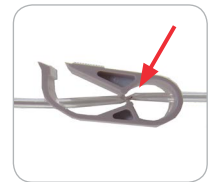
1 Scrub the needleless connector with a sterile wipe for 15 seconds if it has touched anything.



2 Attach the medication syringe firmly to the needleless connector.



3 Unclamp the IV line if it is closed.



4 Inject the medication over _____ minutes by pushing the plunger. Remove and discard the syringe.



Flush your IV line

After giving your medication, flush your IV line with saline following the instructions above. Flush with heparin if you are instructed to do so.

Discard your used supplies

Discard (throw away) all your used supplies in the regular trash unless your nurse tells you otherwise.

Need help or have questions?

Nurse: _____

Phone number: _____

Intermountain Homecare & Hospice:
385-887-6000 or **800-527-1118**

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