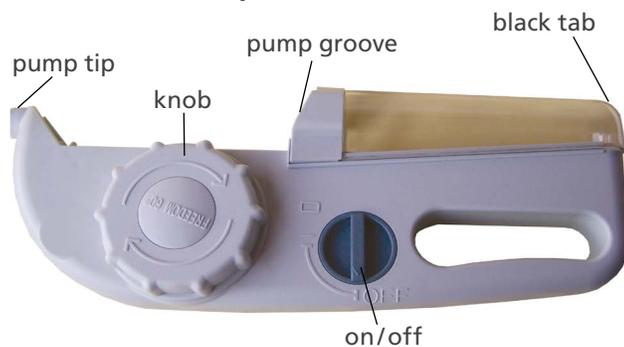


Giving your medication with a Freedom 60 pump

Your doctor ordered a medication that you will give in your intravenous (IV) line using a **Freedom 60** pump. You will also need to **flush** your IV line with a saline solution to keep it from clotting. Your nurse will show you how to give your medication and flush your line safely. Unless your nurse tells you otherwise, you can throw away all used supplies in the regular trash.

Freedom 60 Pump



My medications

Medication: _____

Schedule: _____

S.A.S. Flush

Saline: _____ mL

Administer medication

Saline: _____ mL

S.A.S.H. Flush

Saline: _____ mL

Administer medication

Saline: _____ mL

Heparin: _____ mL

Getting ready

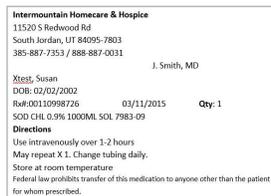
1 Clean your hands with cleansing solution:

- **Rub** your hands vigorously until they are dry.
- **Clean** your hands each time you work with your IV.



2 Check the medication label:

- **Verify** each label has your name and dose, and the medication is not expired.
- **Make sure** the tubing packaging says "Freedom 60."
- **Call** your nurse or pharmacist and do not use the medication if the label is incorrect.



3 Lay out your supplies:

- Freedom 60 pump
- Freedom 60 IV tubing
- Syringe with medication
- Warm to room temperature if refrigerated
- IV tubing
- Flush syringes (2 for saline, and 1 for heparin, if needed)
- Sterile wipes and an alcohol disinfectant cap



Preparing your medication syringe

1 Attach the tubing to the syringe.



2 Open the tubing clamp.



3 Prime the IV tubing. Press the syringe plunger to fill the tubing. Loosen the cap if it won't flow.



4 Close the clamp and recap the tubing.



Loading the syringe into the pump

1 Confirm the pump is turned OFF.



2 Wind the pump knob until the black tab has moved to the end of the track.



3 Insert the plunger end of syringe under the clear cover. Slide the syringe back and push down so the flange fits in the pump groove.



4 Verify the disk on the tubing is seated in the tip of the pump.



How to flush your IV line

Flush with saline following the instructions below:

1 Remove the alcohol disinfectant cap and throw it away.*



2 Attach the syringe firmly to the IV needleless connector using a push and twist motion.



3 Open the clamp.



4 Inject the solution.



5 Close the clamp.



6 Remove and discard the syringe.



7 Attach a new alcohol disinfectant cap after the final flush.



* If the needleless connector touches anything, CLEAN IT with a sterile wipe for 15 seconds. Before connecting anything to the needleless connector, look for particles. If seen, wipe them away with an alcohol wipe.

Administer your medication

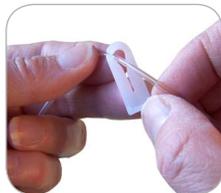
- 1 Scrub** the needleless connector with a sterile wipe for 15 seconds if it has touched anything.



- 2 Attach** the pump tubing firmly to the needleless connector.



- 3 Ensure** the IV line clamp is open.



- 4 Turn on** the pump. You'll hear the black tab move to the syringe. **The pump will run silently.**



The medication will infuse for about _____ minutes.

After your infusion

- 1 Clean** your hands with cleansing solution.



- 2 Close** the tubing clamp.



- 3 Turn off** the pump.



- 4 Wind** the pump knob until the black tab has moved to the end of the track.



- 5 Slide** the syringe back and **lift** the syringe tip out to remove it from the pump.



- 6 Disconnect** the tubing from your IV line.



Flush your IV line

Follow the instructions on [page 2](#).

- Flush with saline.
- Flush with heparin if instructed to do so.
- Discard the empty syringe in the regular garbage.

Reuse the tubing

Tubing may be reused for up to 24 hours. Follow the steps below to reuse your tubing. Throw away your tubing after 24 hours.

- 1 Protect** the end of the tubing with a new alcohol cap.



- 2 Leave** the tubing attached to the empty syringe until the next dose.



With your next infusion, **remove** your old syringe from the tubing and **connect** your new syringe. **Reprime** the tubing if necessary.

Need help or have questions?

Nurse: _____

Phone number: _____

Intermountain Homecare & Hospice:
385-887-6000 or 800-527-1118

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