

Your A1c Test

GLUCOSE CONTROL BY A1C

The A1c represents the average glucose in your blood over a 3 month period. It may not always be the same. Use your A1c information to help you better manage your diabetes.

Name: _____

Date: _____

1. My A1c test result today is:

My target for my next A1c test is:

2. My A1c should be checked again in 3 to 4 months.

3. The non-diabetic range for the A1c test at my lab is 4.7% to 6.4%.

