

## FEEDING GUIDELINES

### VIRAL LOWER AIRWAY INFECTION 0 – 36 MONTHS

This algorithm does not replace clinical judgment and is not intended to be prescriptive for all patients.

If the clinical impression supports a decision different from the algorithm, then the RN, RT, and MD/LIP should discuss the decision together.

**i** NEW: no longer raising HOB unless specifically ordered

#### FEEDING GUIDELINES

- Applies to patients on standard NC or HFNC
- Discontinue IV fluid as soon as tolerated and provide all hydration and nutrition enterally.
- Oral feedings may continue while on HFNC.
- If NPO was ordered **or** if patient is not meeting the fluid goal orally, contact LIP within 6 hrs to initiate enteral feedings by ordering the PED Feeding Plan Viral Lower Respiratory Infection
- Oral or NG bolus feeds if meeting ***all*** of the following:
  - RR  $\leq$  65 for patient < 12 months or
  - RR  $\leq$  45 for patients 12 - 36 months
  - Bronchiolitis score\*  $\leq$  6
- Continuous NG feeds for ***any*** of the following, **unless** PO or bolus NG feedings approved by LIP
  - RR > 65 for patient < 12 months or
  - RR > 45 for patients 12 - 36 months
  - Bronchiolitis score\*  $\geq$  7
  - If oral or bolus NG feeds not tolerated (for example, choking, gagging, coughing with feeds)
  - Concerns for aspiration
- For patients that do not tolerate continuous NG feeds, consider NJ placement
- To provide a safe sleep environment for infants less than 1 year of age with bronchiolitis, the head of bed (HOB) should be in the flat position with the infant supine for sleep to decrease the risk of Sudden Infant Death Syndrome. This positioning is supported by The North American Society for Pediatric Gastroenterology, Hepatology, and Nutrition for infants with reflux, and the American Society for Parenteral and Enteral Nutrition for infants with enteral nutrition in the interest of safe sleep. Individual patient need for HOB elevation due to respiratory status and/or potential risk of aspiration should be individually determined by the care team.

\*Bronchiolitis score acceptable for use with patients 0-36 months with bronchiolitis / viral pneumonia

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